

**FEB 20  
23**

WHAT'S  
NEW AT  
NMAC

Office Hours

Monday - Friday 8am to 5pm | Saturday - Sunday 10am to 3pm



**NORTHSHORE**  
MEDICAL & AESTHETICS CENTER

**S E R V I C E S**

Medical » Aesthetics » Medical Weight Loss » Nutrition & Life Coaching » Naturopathic Medicine  
Covid-19 & Laboratory Services » Hair Restoration & Salon » Rheumatology » Sexual Health

**LOVE MONTH,**

*Valentine's Day*

**& HEART MONTH**



*Self care is still Essential,  
Because You are Essential!*



*Self care is still Essential,  
Because You are Essential!*



**SALON B**  
HAIR & SCALP CLINIC  
AT NORTHSORE MEDICAL CENTER



**Sheri Burgess**  
Certified Trichologist & Cosmetologist



# SPOIL YOURSELF & YOUR LOVED ONES WITH THE GIFT OF HEALTH & BEAUTY



## HERE ARE ONLY A FEW SERVICES:

- Microdermabrasion
- Dermafrac Treatments
- Hair Styling/ Hair Cuts
- Chemical Peels
- Dermalogica Facials
- Botox
- Laser Hair Removal
- Annual Physicals
- Dermal Fillers
- Skin Tightening
- Hair Restoration

OUR GIFT CERTIFICATES MAKE GREAT GIFTS FOR ANY OCCASION, **ESPECIALLY VALENTINE'S DAY!**

7 Northshore Road | Devonshire DV01 | Bermuda

441-293-5476 [www.nmac.bm](http://www.nmac.bm)

Follow us:

# MEET OUR SPAMEDICA DREAM TEAM

Services for men, women and children:

- ✓ Hair restoration services
- ✓ Hair stylist and Barber services
- ✓ Microdermabrasion
- ✓ Muscle Sculpting
- ✓ Facials
- ✓ Botox & Radio Frequency Skin Tightening
- ✓ Laser Hair, Spot & Tattoo Removal and so much more...

**BOOK US FOR YOUR V-DAY SPA SERVICES!**



**Cherrece**  
Certified Clinical  
Aesthetician



**Sheri**  
Certified Trichologist  
& Cosmetologist



**O-Shot®**

For Her



Give your partner the gift of  
**Pleasure!**  
this Valentine's Day

**Priapus Shot®**



For Him

### WHAT WILL THE **O-Shot®** DO FOR YOU?

- Rejuvenates and promotes new tissue growth
- Improved sexual capabilities
- Increases sensation & pleasure
- Improves or Resolves Urinary Incontinence
- Enhanced Appearance

### WHAT WILL THE **Priapus Shot®** DO FOR YOU?

- Increases firmness of erection
- Increases blood flow and circulation
- Improved sexual capabilities
- Increase sexual stamina
- Increases sensation and pleasure
- Enhanced appearance
- Improves or resolves prostate discomfort
- Improves or resolves urinary incontinence

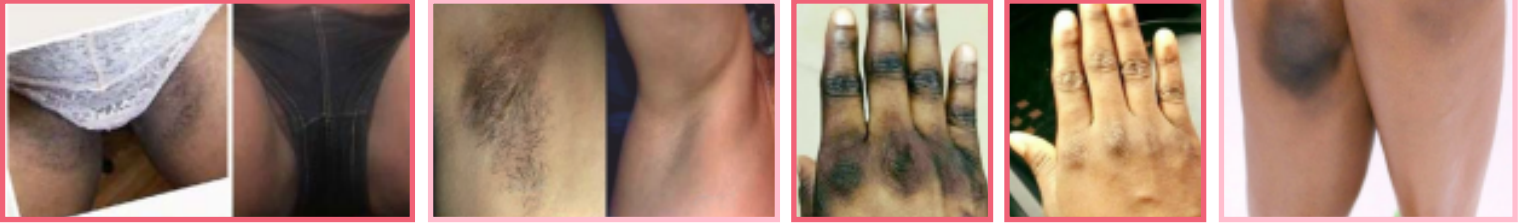


Gift Certificates also available

**\$150 OFF**

Priapus Shot®  
or  
O-Shot®

Expires February 28<sup>th</sup>, 2022



# IT'S CHEMICAL PEEL SEASON

WINTER IS THE BEST TIME FOR A SKIN PEEL!

CHEMICAL PEELS ARE SAFE & EFFECTIVE RESTORATIVE SOLUTIONS FOR EVERYONE

For Best Results We Recommend 3 to 6 Treatments  
- Every 2 to 4 weeks between October & May

Best results require a minimum  
**3 Month Timeframe**

CHOOSE FROM LIGHT, MEDIUM & DEEP PEEL OPTIONS.

LASER CHEMPEEL TREATMENT (BIKINI)	CHEMICAL PEELS (FACE & BODY)
<b>INCLUDES:</b> LASER HAIR REMOVAL & CHEMICAL PEEL TO LIGHTEN DARK AREAS AT BIKINI LINE	IDEAL FOR THE FACE, NECK, HANDS, ELBOWS, KNEES & OTHER BODY AREAS.
<b>\$260 PER TREATMENT</b>	<b>STARTS AT \$195 PER TREATMENT</b> *Depends on treatment area and type of peel
<b>REASONS:</b> <ul style="list-style-type: none"> <li>✓ GET RID OF INGROWN HAIRS</li> <li>✓ REMOVE DARKNESS IN THE BIKINI AREA</li> <li>✓ GET BIKINI READY</li> <li>✓ PREPARE FOR CARNIVAL</li> <li>✓ FOR A PHYSIQUE/BODY BUILDING COMPETITION</li> </ul>	<b>REASONS:</b> <ul style="list-style-type: none"> <li>✓ ANTI-AGING</li> <li>✓ REJUVINATE THE SKIN</li> <li>✓ REMOVE STUBBORN DARK PIGMENTATION &amp; MELASMA</li> <li>✓ ACNE TREATMENT</li> <li>✓ SKIN LIGHTENING</li> <li>✓ HELP WITH OILY SKIN</li> </ul>

**SAVE MONEY NOW**

& GRAB THE PACKAGES FOR BEST RESULTS

**PACKAGE OF 3 TREATMENTS 15% OFF**

**PACKAGE OF 6 TREATMENTS 20% OFF**

**BOOK NOW & GET READY TO PEEL AWAY YOUR IMPERFECTIONS!**

☎ 441-293-5476 ✉ [spa@nmac.bm](mailto:spa@nmac.bm) 🌐 [www.nmac.bm](http://www.nmac.bm)

📍 Northshore Medical & Aesthetics Center 📷 @nmac\_bda 📷 spamedica\_bda



**SALON B**  
 HAIR & SCALP CLINIC  
 AT NORTSHORE MEDICAL CENTER

**SALON Bs  
 VALENTINE'S  
 HAIR DEALS**

**SAVE  
 10%**

*"We specialize in achieving healthy hair!"*

*Grab these beauty deals for the month of February Only!*

*Book me and let's get your hair fabulous for  
 Valentine's Day and beyond!*

- Shampoo Blow dry

---

- Shampoo long Blow dry

---

- Moisture Treatment

---

- Protein treatment

---

- Semi/ Demi colour

---

- Natural hair Press

---

- Colour & Trim

---

- Natural shampoo style

---

- Permanent Colour

---

- Dry cut

---

- Shampoo Trim

---

- Shampoo & Curls

---

- Relaxer or texturizer retouch Blowdry or /Set

---

- Relaxer & treatment / Colour

---

- The works ( relaxer treatment colour trim )

---

- Wig/ Weave Customization (style & cut)

---

- LED Photo Laser Therapy treatment

---

- LED Photo Laser Therapy treatment with an hair service added ONLY

---

- Hair loss and scalp makeover treatment

**Sheri Burgess**  
 Certified Trichologist & Cosmetologist





# GET YOUR V-DAY VAMPIRE FIX!

--Look Younger, Naturally--

## VAMPIRE FACIAL

A vampire facial or PRP (platelet-rich-plasma) treatment is a procedure that aims to use a patient's blood to trick the body into healing and repair. The blood is extracted and then undergoes a spinning process to separate the plasma, which is injected back by puncturing the skin using a micro-needle.

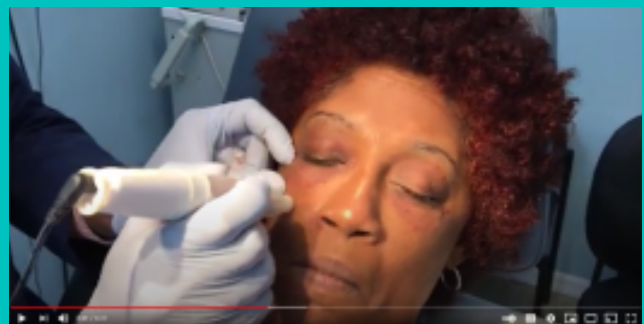
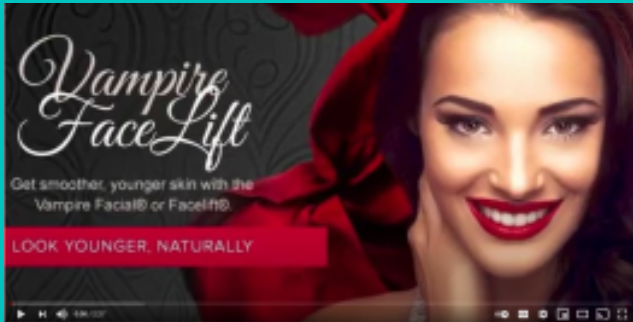
**How long does it last** – The effects of your vampire facelift will last for 6-12 months, depending on your age, lifestyle, and the number of fillers used during your treatment. Preventative treatments last longer, so it's never too early to take great care of your skin.

**What should I do before the treatment** – Avoid any blood thinners at least a few days before your appointment: aspirin, Advil, Ibuprofen, Omega-3, Ginkgo Biloba, etc. **-Dr Kyjuan Brown**

## REAL PEOPLE, REAL RESULTS

DON'T BELIEVE US, WATCH THESE BERMUDA VIDEOS ...

CLICK ON THE IMAGE TO WATCH



**It's not as bad as it looks, watch this video!**

Also, if you watch to the end, Dr. Brown answers some good FAQs.

**CALL US: ☎ 441-293-5476**

✉ info@nmac.bm 🌐 www.nmac.bm



Start the **Conversation...**

# THERMIVA<sup>®</sup>

## RECLAIM

## RESTORE

## REVIVE


Improves the following conditions-

1. Vaginal dryness
2. Mild to moderate stress incontinence and overactive bladder
3. Rejuvenate external female genitalia
4. Tightens & strengthens internal vaginal canal
5. Enhances sexual pleasure



**Dr. Paula Estwick**  
General Practitioner

**Call today** to schedule your consultation.

 **293-5476**

 [www.nmac.bm](http://www.nmac.bm)



# OUR CUSTOMERS

Our customers are persons who want a non-traditional approach to healthcare; and they are free to discuss and explore alternatives. They are ready to make meaningful change and who are engaged in their healthcare.

Our customers show up prepared with the expectation to leave with something they did not have prior to coming.



# OUR PROVIDERS

Our providers are eager to come to work and are actively engaged in the delivery of healthcare. They are self motivated and inspired to deliver excellence and our vision. They enjoy a happy work life balance and are remunerated bountifully for their hard work and dedication. Our providers meet monthly over lunch to discuss strategy, collaborate and share knowledge. They walk in with a sense of purpose and leave fulfilled!

# OUR CULTURE



## Vibe

The office vibe is welcoming, friendly, with music piped in every room. Every employee enjoys coming to work on time, meeting deadlines and exceeding targets. We consistently average >90% in job satisfaction.

We are fair, don't judge, and support each other in the common goal of personal and professional goals.

We are comfortable in challenging and celebrating each other, and we share knowledge freely. We look out for each other both in the office and out.

We enjoy each other's company and find our workplace to be non-contentious and relaxed.

We get together at least quarterly or for group activities or meet to just lime.

Employees are constantly making suggestions on how to improve our culture and what to do.

## Diversity Is Our Strength

We come from all types of backgrounds and cultures. We have a passion for helping others and infusing our uniqueness and cultural experiences and backgrounds in our delivery of services. Our diversity is our strength. We are able to treat patients from all walks of life and cultures.

# BOOK YOUR APPOINTMENTS EASILY ONLINE

Get convenient 24 x 7 access from the comfort and privacy of your own home or office.



Patient Portal is a Secure, Convenient, and Easy way to Access your Health Information



- **Manage & Book Appointments**
- **Access your Lab Results**
- **View your Medications and Request Refills**
- **Communicate with your Doctor**
- **View your Medical Records**

**Use Practice Code: HHDGBD**

**CONTACT OUR OFFICE TODAY TO GET YOUR ACCESS & GET STARTED!**



7 Northshore Road, Devonshire DV01, Bermuda

☎ 441-293-5476    ✉ info@nmac.bm  
📄 441-295-7705    🌐 www.nmac.bm

## Dr. Kyjuan H Brown

### Medical Director



- ✓ Family Medicine
- ✓ Dermatology
- ✓ Hair Restoration
- ✓ Medical Aesthetics
- ✓ Weight Loss
- ✓ Sexual Dysfunction

## Dr. Paula Estwick

### PRIMARY CARE



- ✓ Family Medicine
- ✓ Women's Health
- ✓ Weight Loss
- ✓ Integrative Medicine
- ✓ Preventative Medicine
- ✓ Functional Medicine

## Dr. Katherine Dale

### Naturopathic Doctor



- ✓ Acupuncture
- ✓ Natural Medicine
- ✓ Healthy Clean Living
- ✓ Yoga & Meditation
- ✓ Spinal Manipulation
- ✓ Weight Loss
- ✓ Colon Hydrotheraphy
- ✓ IV Drip Therapy
- ✓ Therapeutic Massage
- ✓ Sleep Issues
- ✓ Detox & Digestive Health
- ✓ Sports Medicine

## Cherrece Shirley

### Certified Medical Aesthetician



- ✓ Microdermabrasion
- ✓ Dermafrac
- ✓ Chemical Peels
- ✓ Carborn (co2) Therapy
- ✓ Dermalogica Signature Facials
- ✓ Teeth Whitening
- ✓ Led Photo Therapy
- ✓ Ipl Therapy
- ✓ Laser Treatments
- ✓ Body Contouring
- ✓ Skin Tightening

## Dr. Amani Flood

### Naturopathic Doctor



- ✓ Naturopathic Medicine
- ✓ Diabetes Reversal
- ✓ Weight Loss
- ✓ Colon Hydrotheraphy
- ✓ IV Drip Therapy
- ✓ Cancer Support
- ✓ 21 Day Detox
- ✓ Anti-aging

## Sheri J. Burgess

### Certified Trichologist & Cosmetologist



- ✓ Hair Styling (All Hair Types)
- ✓ Hair Consultations
- ✓ Barbering
- ✓ Hair Restoration
- ✓ Hair Growth
- ✓ Help Thinning Hair

## Dr. Fermin Gonzalez

### Internal Medicine & Rheumatology



- ✓ Rheumatoid Arthritis
- ✓ Psoriatic Arthritis
- ✓ Scleroderma
- ✓ Ankylosing Spondylitis
- ✓ Periodic Fever Syndromes
- ✓ Vasculitis
- ✓ Myositis
- ✓ Gout
- ✓ Osteoarthritis
- ✓ Sjogren's Syndrome
- ✓ Sarcoidosis
- ✓ Lyme disease
- ✓ Osteomyelitis
- ✓ Back pain
- ✓ Reflex sympathetic dystrophy
- ✓ Serum sickness
- ✓ Reactive arthritis
- ✓ Kawasaki disease



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 🌐 www.nmac.bm

# BIRTHDAY CELEBRATIONS



Georgenna Wilson

FEBRUARY 4



Sylas Young

FEBRUARY 16



Nikkia Peets

FEBRUARY 24

## STAFF APPRECIATION

- *Toya Anderson YOU ARE A STAR!*
- *Clients have commented on how professional YOU ARE!*
- *They LOVE your energy and spirit!*
- *This is the NMAC Way! KEEP It UP!*

*I am proud to call her my Doctor! **Dr. Paula Estwick** is incredible. Not only has she taken great care of my health and follows up with me, but also she is lovely to speak with at every appointment and keeps me informed of testing requirements and updated procedures. It's rare to find a doctor that combines such personal touches and cares for a patient as a person with an outstanding quality medical care and expertise. What captured my loyalty, even more, is the fact that she was also open to my lifestyle for natural supplements and, at times, natural treatments too! I highly recommend becoming her patient! She cares!*

**-Michelle**



Countdown to  
**Carnival**

**BODY  
CONTOURING**

Get Ready for the Summer

**ONLY \$2,500**  
OVER \$4000 VALUE



**Kieshe Simmons**

**BIG SAVINGS JUST FOR YOU!**

Our Top 3 Body Contouring Aesthetic Treatments Rolled into One DEAL:

<b>FreezeSculpting</b> Freezes the fat away!	<b>1 Session</b> <b>40 Minutes</b>
<b>360 Ultrasound &amp; Radio Frequency Treatments</b> Targets abdomen to sculpt and tighten the skin!	<b>2 Sessions</b> <b>30 min each</b>
<b>Sure Sculpting</b> Reduces stubborn fat in the abdomen & Flanks!	<b>2 Sessions</b> <b>25 Minutes Each</b>

“ We advise that you book a consultation first and that you focus on 1 area at a time to see best results. ”

Best Results can be seen in 3 months so  
**START NOW** to get ready for the **New Year!**

**FOR MORE INFORMATION CALL**  
441-293-5476 [www.nmac.bm](http://www.nmac.bm)

Northshore Medical & Aesthetics Center  
@nmac\_bda spamedica\_bda



**SAVE \$100** **PROVEN WEIGHT LOSS PLANS!**

**OUR 3 MAIN PLANS**  
**THE CHOICE IS YOURS!**

HOWEVER, OUR WEIGHT LOSS SPECIALISTS CAN HELP YOU CHOOSE THE RIGHT PLAN THAT WORKS JUST FOR YOU!

**THE JUMP START**  
MEDICAL WEIGHT LOSS



**Fast Weight Loss**

**6-WEEK PLAN**  
LOSE UP TO **40 lbs. or 25 lbs.**  
(men)\* (women)\*  
**\$562.50**  
Original price is \$750

**4-WEEK PLAN**  
LOSE UP TO **30 lbs. or 15 lbs.**  
(men)\* (women)\*  
**\$412.50**  
Original price is \$550

- ✓ Sample Meal Plan
- ✓ Healthy Grocery List
- ✓ 1-On-1 Coaching Support
- ✓ Private Weigh-ins

**25% OFF UNTIL MAY 31th**

- Enjoy Real Whole Foods
- Increase Energy
- Look and Feel Better
- Say Goodbye to Cravings
- Medical Management
- Reverse Diabetes Type 2

**B-LEAN CLUB**  
WWW.BLEANCLUB.COM



**Natural Sustainable Weight Loss**

Lose 15+ lbs. in 12 weeks\*

- ✓ Personalized Approach
- ✓ Tasty Recipes
- ✓ Healthy Grocery List
- ✓ 1-On-1 Coaching Support
- ✓ Group Activities (optional)
- ✓ Private Weigh-ins
- ✓ Rewards for Weight Achievements
- ✓ Includes Metabolism Support Supplement (optional)
- ✓ Report Card of your Results

**First Month \$382.50**  
Original price is \$450



**HCG JUMP START PROGRAM**

**THE NATURAL WEIGHT LOSS PROGRAM**

**Average Weight Loss**

**FOR MALE**  
**35 to 45 lbs.**

**Average Weight Loss**

**FOR FEMALES**  
**15 to 25 lbs.**

THE PROGRAM CONSISTS OF TWO PHASES :

Phase I : (26 - 40 days)  
HCG Injections with diet.

Phase II : Maintenance/Reset the Body's Metabolism

- Very popular diet due to its great results
- You will get a list of approved foods
- Doctor consultations and check-ins
- HCG tricks the brain into thinking more food was consumed
- HCG diet is a very low fat, very low calorie diet.
- HCG promotes the burning of stored fat.
- Limits calorie intake to around 500 calories per day



**LEARN MORE**

📞 441-293-5476



www.nmac.bm





**Launching  
Soon**

# ULTIMATE HAIR GROWTH STARTER KITS

**FOR MEN**      **FOR WOMEN**

## THESE KITS MAKE GREAT GIFTS!

**THIS KIT CONTAINS ALL YOUR  
HAIR GROWTH ESSENTIALS SO  
YOU CAN SEE RESULTS IN  
3 MONTHS!**

**SAVE  
15%**





# How to fight a receding hair line





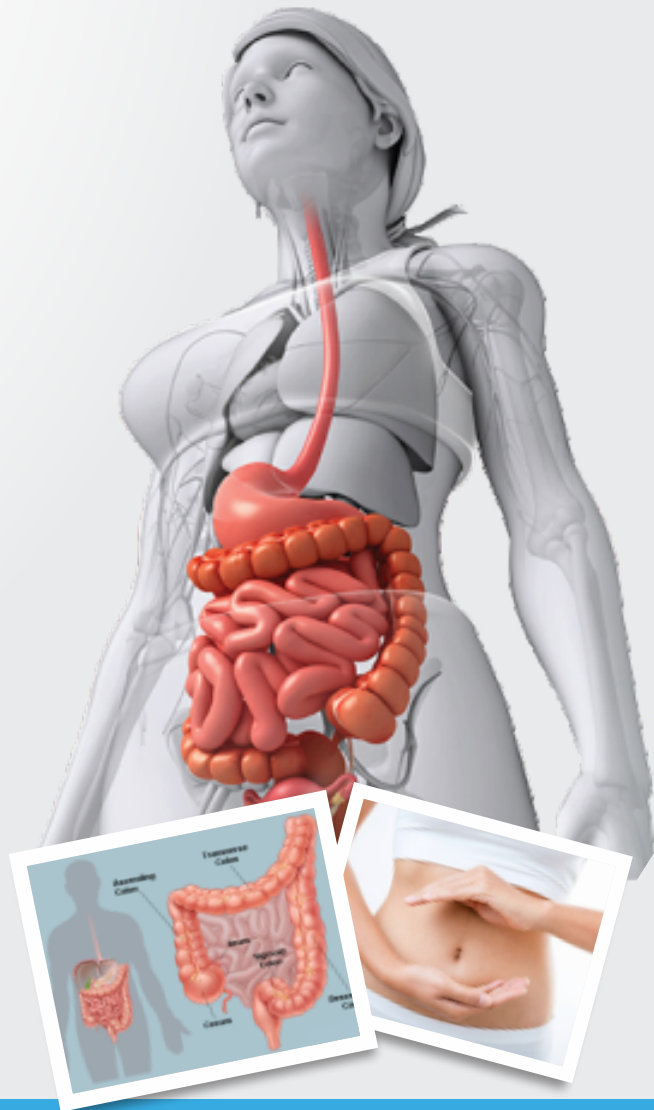
**Dr. Katherine Dale**  
Naturopathic Doctor



**Dr. Amani Flood**  
Naturopathic Doctor

# SIGNS YOU NEED A COLON HYDROTHERAPY

- Low Energy/Fatigued
- Constipated
- Brain Fog/Unable to Focus
- Feeling Depressed
- Overweight/Trouble Losing Weight
- Trouble Sleeping
- Sexual Dysfunction
- Unexplained Headaches
- Unexplained Soreness/Stiffness
- Skin Problems/Allergic Reactions



# DR KATHERINE DALE ON THE DAILY HOUR: DID YOU MISS HER?



**THE DAILY HOUR**  
LIVE: FRIDAY, JANUARY 27TH, 2023  
8AM BERMUDA | NOON UK | 7AM U.S. ET

**Guest: Dr. Katherine Dale**  
Obesity & Diabetes  
[www.thedailyhour.com](http://www.thedailyhour.com)

ON AIR



**THE DAILY HOUR**  
**Bermuda's Daily Talk Show**  
Improving our community one conversation at a time  
[www.thedailyhour.com](http://www.thedailyhour.com)

a chance to win cash prizes and more. Subscribe to

**The Daily Hour (Episode 640) Conquering diabetes and obesity**

**WATCH THE RECAP HERE**



SPONSORS

*Congratulations*

**Future Dr. Jade Richardson!**

**YOU WORKED HARD AND  
GOT YOUR WHITE COAT.**



# IT'S SPA MONTH AT



**YOU CAN'T BEAT THESE SPA DEALS \$99**

- Microdermabrasion
- Signature Spa Facial
- Laser Hair Removal (Face)
- Carboxytherapy Facial
- Colon Hydrotherapy (Colon Detox)

## GET UP TO 20% ON OUR SPA SERVICES!

- ☑ Skin Tightening
- ☑ Chemical Peels
- ☑ Skincare Treatments
- ☑ Botox
- ☑ Fillers
- ☑ Colon Hydrotherapy
- ☑ Numerous Body Contouring Treatments



**FEBRUARY SPA 2023 DEALS**

**FOR MORE INFORMATION CALL**

**4 4 1 - 2 9 3 - 5 4 7 6**

**spa@nmac.bm  www.nmac.bm**



# ALL WE NEED IS 3 MONTHS AND YOU WILL LOVE YOUR NEW HAIR!







# LUNCHTIME FACELIFT

**\*\*WE ARE GEARING UP FOR VALENTINE'S DAY ALREADY\*\***

-RESULTS

-RESULTS

-RESULTS

Stop by to get a Lunchtime Facelift - minimally invasive, no down time, no surgery, no pain, instant results. [#facebydrkyjuan](#)



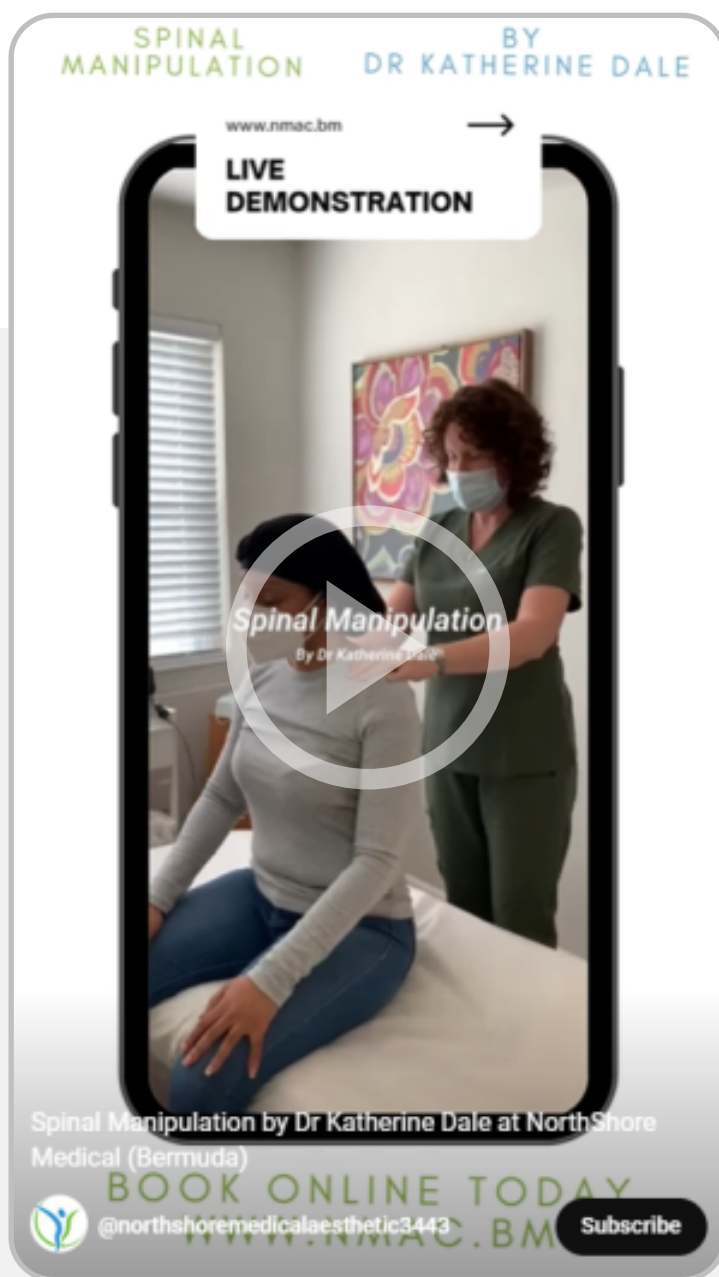
**Cost is between \$500 to \$1,500 for a non surgical lunch time Facelift.**

*You can sign-up for this or any of our Spa face treatments online*

☎ 441-293-5476 ✉ [spa@nmac.bm](mailto:spa@nmac.bm) 🌐 [www.nmac.bm/signup.php](http://www.nmac.bm/signup.php)

# **DR. DALE** NATUROPATHIC SPINAL **MANIPULATION IS AVAILABLE!**

A great way to reduce back pain among other issues is with Spinal Manipulation. Watch a LIVE patient demonstration of just what this entails and book your session with **Dr Katherine Dale today!**



SPINAL MANIPULATION BY DR KATHERINE DALE

www.nmac.bm →

**LIVE DEMONSTRATION**

*Spinal Manipulation*  
By Dr Katherine Dale

Spinal Manipulation by Dr Katherine Dale at North Shore Medical (Bermuda)

BOOK ONLINE TODAY  
@northshoremedicalaesthetic3443 [www.nmac.bm](http://www.nmac.bm) **Subscribe**



**SUBSCRIBE**

**TO OUR YOUTUBE CHANNEL**



**GET ACCESS TO:**

**PRODUCT EDUCATION**

**LIVE DEMONSTRATIONS**

**LEARN ABOUT NEW SERVICES AND MORE...**

☎ 441-293-5476 ✉ [info@nmac.bm](mailto:info@nmac.bm) 🌐 [www.nmac.bm](http://www.nmac.bm)



## **BREAKING NEWS**

# **Bermuda Hero Award from AME Church Lay Organization AWARDED TO DR KYJUAN BROWN OF NMAC**

Dr Kyjuan Brown was honored as a Bermuda Hero by Bethel AME Church for his community service and commitment to innovative healthcare solutions!

Everyone was in tears yesterday during the Lay Organization's service. Dr Brown was 1 of 2 persons who received this award.

"It is not easy...but to much is given much is expected...I learned that here at Bethel...I am forever grateful for my staff...with God all blessings flow..."

He sends this award out to all of his staff past and present who have helped him and NMAC become the reliable healthcare solution for Bermuda and her people.

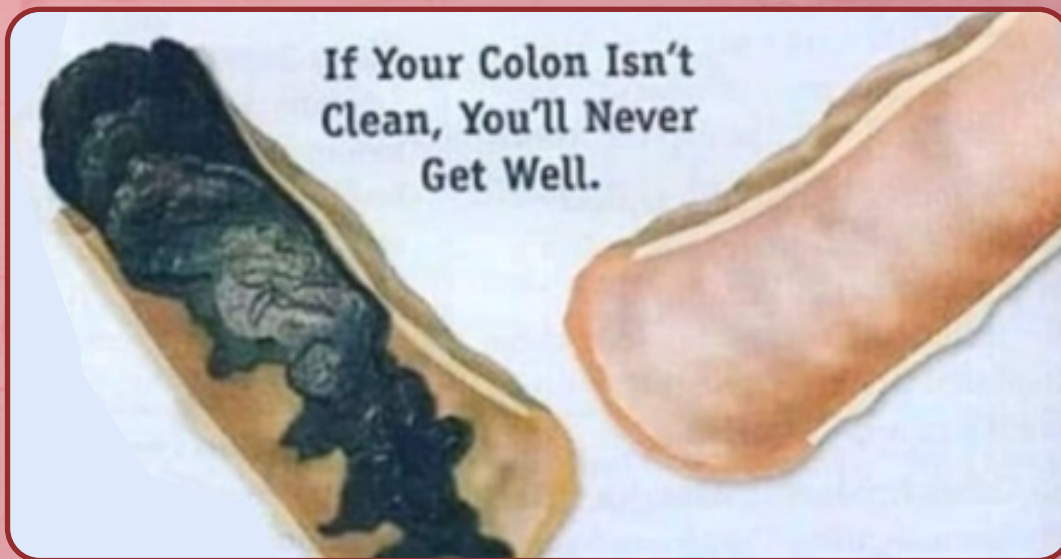
Dr Brown posted on Facebook today "Thank you to the Bethel AME Lay Organization for the recognition of my service to Humanity. I was truly surprised and honored, for the road I have been called to travel is Not Easy! There are many days I feel as if I don't have the energy to continue... All I can say is to God Be All The Glory!"

Bethel AME tells Dr Brown through music "You are doing a good job, don't let the world get you down...press forth, you are my hero."

He also had a patient testimony from Sis Francine Lee, a member of Bethel whose life he saved when others said she couldn't be saved. These are the type of untold daily miracles we perform here at Northshore Medical & Aesthetics Center. NMAC would like to thank all of their healthcare heros for working with them and all of their patients for trusting them.

**WATCH THE PRESENTATION HERE**

**YOU COULD HAVE UP TO 20 POUNDS  
OF WASTE IN YOUR COLON!  
YOU CAN'T BE HEALTHY AND  
YOU WON'T LOSE WEIGHT.  
LET'S FIX IT!**



# Colon

## Hydrotherapy

*in Bermuda*

**What is Colon Hydrotherapy?** Colon Hydrotherapy is a safe and effective method by which waste and toxins are removed from the large intestine without the use of drugs.

Discount  
**25% OFF\***

\*Payment must be made at time of booking to receive the discount

# WHAT DO WE HAVE FOR WRINKLES?



We Have Many Aesthetics Treatments Like **Botox & Fillers** for Wrinkles!



We Also Have This **Retinol Anti-Wrinkle Serum!**





# HCG JUMP START PROGRAM

## THE NATURAL WEIGHT LOSS PROGRAM

### Average Weight Loss

FOR MALE  
35 to 45 lbs.

### Average Weight Loss

FOR FEMALES  
15 to 25 lbs.

#### THE PROGRAM CONSISTS OF TWO PHASES :

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the Body's Metabolism

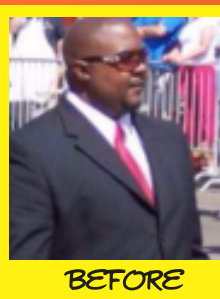
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- ✓ *Doctor consultations and check-ins*
- ✓ *HCG diet is a very low fat, very low calorie diet.*
- ✓ *Limits calorie intake to around 500 calories per day*
- ✓ *You will get a list of approved foods*
- ✓ *HCG tricks the brain into thinking more food was consumed*
- ✓ *HCG promotes the burning of stored fat.*



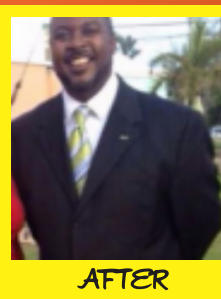
BEFORE



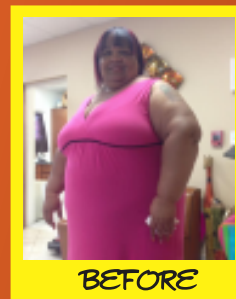
AFTER



BEFORE



AFTER



BEFORE



AFTER



**DOWNLOAD THE APP**



**DR BROWN'S**  
LABORATORY



**GET SAME DAY  
ISLAND-WIDE DELIVERY  
OPEN 7 DAYS A WEEK**

**PHYSICIAN FORMULATED PRODUCTS:**

**HAIR GROWTH  
PRODUCTS**

**GENERAL HEALTH  
SUPPLEMENTS**

**SKIN CARE  
PRODUCTS**

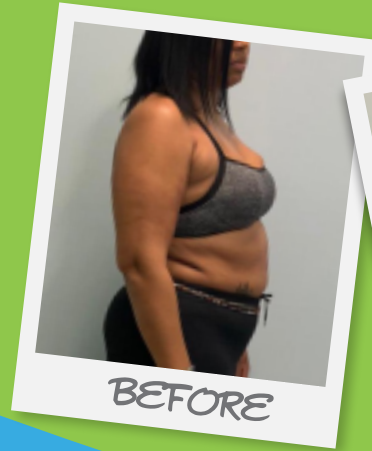
**OR SEARCH TERM TO "DR BROWNS LABORATORY"  
ON THE SARGASSO WEBSITE  [www.sargassosea.app](http://www.sargassosea.app)**

 **441-293-5476**  **info@drbrownslaboratory.com**

 **[www.drbrownslaboratory.com](http://www.drbrownslaboratory.com)**



# WE DID IT, YOU CAN TOO!



LOST  
**112**  
LBS

THANKS NMAC FOR MY  
WEIGHT LOSS TRANSFORMATION!

START WITH A CONSULTATION!

**SIGN-UP TODAY!**

WEIGHT LOSS  
STARTS AT:



441-293-5476  
www.nmac.bm

# WHEN OTHERS TELL YOU NOTHING CAN BE DONE

VISIT US AT



WE WILL HELP YOU GET TO  
THE ROOT OF THE ISSUE!

HEALTH | HAIR | SKIN | BODY WELLNESS



# BIG SAVINGS

# \$150 OFF

Expires February 28<sup>th</sup>, 2023

# Priapus Shot<sup>®</sup> or O-Shot<sup>®</sup>



## SAVE MONEY NOW

### & GRAB THE PACKAGES FOR BEST RESULTS

PACKAGE OF  
3 TREATMENTS 15% OFF

PACKAGE OF  
6 TREATMENTS 20% OFF

## IT'S TIME FOR A CHEMICAL PEEL

Valid Until  
May 31<sup>st</sup>, 2023

CHEMICAL PEELS ARE SAFE & EFFECTIVE RESTORATIVE SOLUTIONS FOR EVERYONE

**Colon Hydrotherapy**  
in Bermuda

**Discount 25% OFF\***

VALID UNTIL FURTHER NOTICE.

\*Payment must be made at time of booking to receive the discount

Start the Conversation...

**THERMIVA**

RECLAIM  
RESTORE  
REVIVE

THERMIVA \$1000  
ON SPECIAL  
FOR  
**\$800**  
SAVE \$200

**HAPPY BIRTHDAY  
FEBRUARY & MARCH  
BABIES!**

Aesthetic Treatment Combo!

ORIGINAL PRICE ~~\$710~~

**20% off**

**SPECIAL PRICE \$568**

Valid only the month of your BIRTHDAY

**GET SPA SERVICES  
FOR ONLY \$99**

**HUGE 50%+ SAVINGS PLUS**

**GET UP TO 20%  
ON OUR SPA SERVICES!**

**20% OFF**

All Spamedica services

Let's Look & Feel our best as we fall into winter!

VALID UNTIL FURTHER NOTICE

**Annual WELLNESS**

ONLY \$50\*

Check-Ups at NMAC

\*\$50 co-pay for most insurance options, contact us to confirm your rate

VALID UNTIL FURTHER NOTICE

**MEDICAL WEIGHT LOSS  
NEW YEAR'S SAVINGS**

**\$100 OFF**

VALID UNTIL FURTHER NOTICE

Salon Bs Valentine's Hair Deals

SAVE 10%

**BRING THESE IN AT YOUR NEXT VISIT, PRINT OUT OR SHOW THEM ON YOUR PHONE.**



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